Challenge Program Outcomes

TIRR Memorial Hermann – The Woodlands 920 Medical Plaza Dr., Suite 270 The Woodlands, TX 77380



The TIRR Memorial Hermann Challenge Program provides a comprehensive range of services to help survivors of brain injury maximize their potential, celebrating milestones and successes through each step of recovery.

Specialized services focus on return to work, return to school and community re-entry skills. It is these skills that prove critical for the transition to independent living following brain injury. This outpatient, transdisciplinary approach addresses the physical abilities, cognitive abilities, coping strategies and interpersonal communication required for long-term success.

Who We Served

- 64 clients were admitted to the program:
 - 26 clients were in the Employment Track.
 - Five clients were in the Education Track.
 - 32 clients were in the Independence Track.
 - Two clients were in the Volunteer Track.
 - No clients were in the Job Readiness Track.
- Average age of clients was 49 years of age, with an age range of 16-87 years

What They Accomplished

- 21 of the clients served completed the Employment Track program, including one who transitioned from the Independence Track, two who transitioned from Employment Track to Independence Track and one who withdrew early. Of those who completed the program, 95% met their track goals and 100% of those who participated in Employment Track were more productive within their community at the time of discharge.
 - 20 of the clients returned to their employment goals within their community.
 - Three of the clients withdrew from the program.

- Three of the clients served completed the Education Track program, one withdrew early, and one was discharged prior to initiation of treatment due to insurance denial. Of those who completed the program or withdrew early, 100% met their track goals. Overall, 100% of clients on the Education Track were productive within their community at the time of discharge:
 Four of the clients returned to their education goals within their community.
- 27 of the clients served completed their Independence Track program and 100% of those who completed the Independence Track were more productive in their home or community at the time of discharge:
 - One of the clients served transitioned to the Employment Track and returned to employment.
- Two clients completed the Volunteer Track program and either returned to or obtained a volunteer position within their community at the time of discharge.
- There were no clients admitted to Job Readiness this reporting period.

(over)





How They Achieved This

- Adult clients received an average of 14 hours of therapy per week.
- Average length of stay for adults was 76 days, or 11 weeks.

Unplanned Acute Care Hospital Transfer

• Two clients discharged from the program due to admission to an acute care hospital for a higher level of care (complex medical concerns), but not as a result of the program. Both clients were later re-admitted to the program, but one was again discharged prior to initiation of treatment due to ongoing medical concerns.

Satisfaction with Program

28 surveys were completed by clients. Of the responses received:

- 75% of clients would recommend the program to other individuals with brain injuries for outpatient rehabilitation.
- 52% of clients felt they were successful in getting the care they needed.
- 65% of clients felt the staff cared about them as a person
- 52% of clients felt they trusted the program to take care of their needs.

Client Referrals Were Received from:

- Memorial Hermann acute care, inpatient and outpatient services
- Texas Workforce Commission
- Community physicians
- Other acute and inpatient health care facilities

Adult and Pediatric Outpatient Rehabilitation The Challenge Program 920 Medical Plaza Dr., Suite 270 The Woodlands, TX 77380 TIRR.memorialhermann.org

All data taken during the period: July 2023–June 2024 TIRR is a registered trademark of TIRR Foundation.



