

**SM&R Referral for Rehabilitation Services
Hand and Occupational Therapy**

Phone: 713-521-0020 or 1.888.301.8477
Fax: 713.874.1798 or 1.888.504.8477 memorialhermann.org

Date: _____ Precautions: _____

Patient Name: _____ Phone: _____

Diagnosis: _____ ICD 10 Code: _____ L Code: _____

Date of Injury: _____ Date of Surgery: _____ Procedure: _____

Frequency (Days per week, check one) 1 2 3 4 5 for _____ weeks Area to be Treated: _____

Evaluate & Treat Treat as indicated below

Therapeutic Activities/Exercise

- AROM for _____
- AAROM for _____
- PROM for _____
- Joint Mobilizations
- Stretching
- Manual Therapy
- Joint Blocking
- Strengthening to begin at _____ wks p-op
- Putty Exercises
- Tendon Glides
- Nerve Glides
- Sport Specific Training
- Tendon Acceleration
- Flexor Tendon Protocol

Therapeutic Modalities

- Wound Care/Dressing Change
- Therapist's Choice
- Cryotherapy
- Thermotherapy
- Electrical Stimulation
- Ultrasound
- Scar Management/Soft Tissue Mobilization
- Paraffin
- Desensitization/Sensory Re-education
- Fluidotherapy
- Edema Control

Custom Orthotic

- Type:
- Static volar dorsal clamshell
 - Static Progressive flexion extension
 - Dynamic flexion extension

Joint Included:

- Digit DIP PIP MCP
- Thumb CMC MP IP
- Wrist
- Forearm
- Elbow

Orthotic Use:

- PRN
- Continuous
- Protective
- Nighttime

Prefabricated Orthotic/Supplies

- Joint Jack Orthosis
- LMB/Capner Dynamic Finger Extension Orthotic
- Edema Control Device
- Scar Pads
- Putty
- Other _____

Requested Location _____ *optional* Requested Therapist _____ *optional*

Next physician appointment _____

I, referring provider, attest that I have discussed this referral with the patient, and the patient has provided consent to the sharing of their demographic and contact information with Memorial Hermann or its affiliated providers for the purposes related to this referral, including: (1) telephone calls and text messages regarding health care, including but not limited to scheduling, reminders, and medication refills; (2) email or mail communications regarding health care, including but not limited to scheduling, reminders, and medication referrals; and (3) other information regarding my health care, billing and health related services and benefits. I have instructed the patient if they wish to revoke this consent, they may contact Memorial Hermann at 713-222-CARE (2273) or opt out directly after receipt of communication.

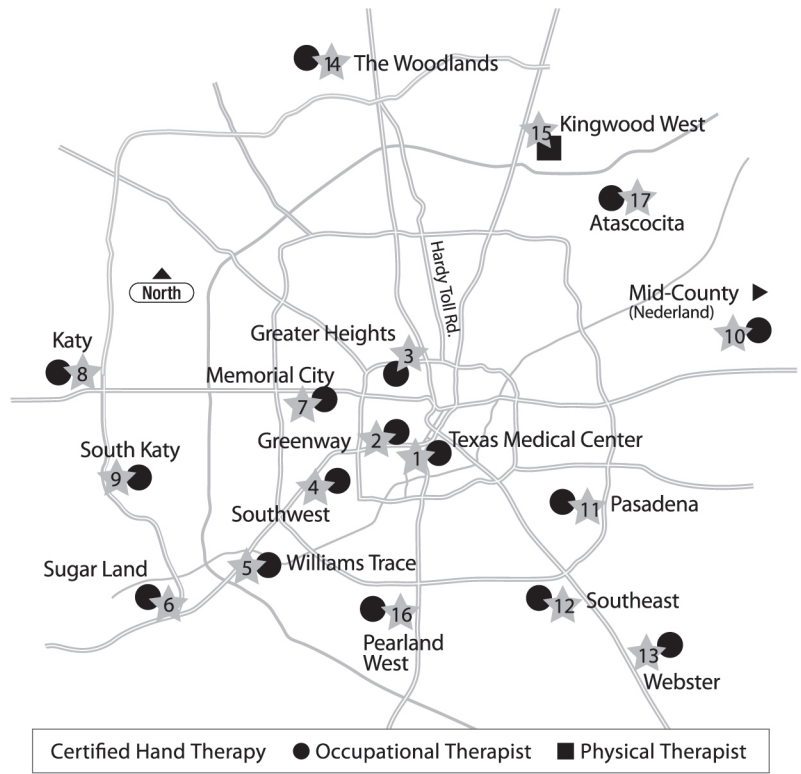
AM
 PM

Provider Signature Print Name NPI/MHHS ID. Date Time Contact No.



Hand Therapy Locations

- 1 Memorial Hermann | Rockets Sports Medicine Institute – Texas Medical Center
6400 Fannin St., Suite 1620, Houston, TX 77030
P 713.704.9602 F 713.704.9005
- 2 Memorial Hermann Sports Medicine & Rehabilitation – Greenway
3651 Wesleyan, Suite 110, Houston, TX 77046
P 713.850.8472 F 713.850.8490
- 3 Memorial Hermann Sports Medicine & Rehabilitation – Greater Heights
300 North Loop W., Suite 300, Houston, TX 77018
P 713.867.2300 F 713.867.2545
- 4 Memorial Hermann Sports Medicine & Rehabilitation – Southwest
7789 Southwest Fwy., Medical Plaza 4, Suite 570
Houston, TX 77074
P 713.456.5221 F 713.456.5229
- 5 Memorial Hermann Sports Medicine & Rehabilitation – Williams Trace
14857 Southwest Fwy., Suite C-303
Sugar Land, TX 77478
P 281.242.8900 F 281.242.0355
- 6 Memorial Hermann | Rockets Sports Medicine Institute – Sugar Land
17510 W. Grand Parkway S., Suite 100
Sugar Land, TX 77478
P 281.725.5895 F 281.725.5898
- 7 Memorial Hermann | Rockets Sports Medicine Institute – Memorial City
929B Gessner Rd., Suite 101, Houston, TX 77024
P 713.242.2270 F 713.242.3931
- 8 Memorial Hermann | Rockets Sports Medicine Institute – Katy
23910 Katy Fwy., Suite 100, Katy, TX 77494
P 281.500.6100 F 281.500.6101
- 9 Memorial Hermann Sports Medicine & Rehabilitation at Convenient Care Center in Katy
22430 Grand Corner Dr., Katy, TX 77494
P 281.371.1850 F 281.371.1851
- 10 Memorial Hermann Sports Medicine & Rehabilitation – Mid-County
3512 Highway 365, Nederland, TX 77627
P 409.722.7116 F 409.722.7450
- 11 Memorial Hermann Sports Medicine & Rehabilitation – Pasadena
4804 E. Sam Houston Pkwy. S., Suite 200
Pasadena, TX 77505
P 281.487.4457 F 281.991.0336
- 12 Memorial Hermann Sports Medicine & Rehabilitation – Southeast
11914 Astoria Blvd., Suite 620, Houston, TX 77089
P 281.929.4475 F 281.929.6276



Certified Hand Therapy ● Occupational Therapist ■ Physical Therapist

- 13 Memorial Hermann Sports Medicine & Rehabilitation – Webster
19419-3 Gulf Fwy., Webster, TX 77598
P 281.488.2815 F 281.488.2844
- 14 Memorial Hermann | Rockets Sports Medicine Institute – The Woodlands
9305 Pinecroft Dr., Suite 450
The Woodlands, TX 77380
P 713.897.7930 F 281.897.2632
- 15 Memorial Hermann Sports Medicine & Rehabilitation – Kingwood West
601 Rockmead Dr., Kingwood, TX 77339
P 713.814.2530 F 713.407.3844
- 16 Memorial Hermann | Rockets Sports Medicine Institute – Pearland
11049 Memorial Hermann Dr., Suite 150
Pearland, TX 77584
P 713.436.8869 F 713.436.1838
- 17 Memorial Hermann Sports Medicine & Rehabilitation – Atascocita
13531 Will Clayton Pkwy. Suite 600, Humble, TX 77346
P 713.814.2520 F 713.704.3891

For Appointments and Scheduling:
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memorialhermann.org/therapy

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Sports Medicine &
Rehabilitation