

## Physical and Occupational Therapy Referral

Phone: 713-521-0020 or 1.888.301.8477

Fax: 713.874.1798 or 1.888.504.8477 memorialhermann.org

Date: \_\_\_\_\_

Patient Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Diagnosis: \_\_\_\_\_ ICD 10 Code: \_\_\_\_\_

Date of Injury: \_\_\_\_\_ Date of Surgery: \_\_\_\_\_ Procedure: \_\_\_\_\_

Frequency/Duration: days per week (*check one*)  1  2  3  4  5 for \_\_\_\_\_ weeks Area to be Treated: \_\_\_\_\_

Case Manager: \_\_\_\_\_ Phone: \_\_\_\_\_

Physical Therapy     Occupational Therapy     Speech Therapy     Rehabilitation Protocols

Evaluate and Treat

### Procedures

- Procedures per Therapist Discretion
- Therapeutic Activities
- Neuromuscular Re-education
- Instrument Assisted  
    Soft Tissue Mobilization (IASTM)
- PROM / AAROM / AROM
- Stabilization / Strengthening
- Functional Exercises
- Joint / Soft Tissue Mobilization
- Isokinetic Strength Testing
- Return to Play
- Modalities as Indicated
- Aquatic Rehabilitation
- Home Education and Instruction
- Proprioceptive / Balance Training
- Mechanical Traction
- Dry Needling
- Manual Therapy

- Epicondylitis
- Carpal Tunnel
- Pitching/Throwing Program
- Shoulder Impingement
- Shoulder Instability
- Shoulder Adhesive Capsulitis
- S/P Rotator Cuff Repair
- S/P Acromioplasty
- S/P Flexor/Extensor Tendon Repair
- S/P Hip/Knee Joint Arthroplasty
- S/P Hip Arthroscopy Labral Tear/Microfracture
- S/P ACL Reconstruction PT/HT/ALLO/AUTO
- S/P Meniscal Repair Medial/Lateral
- S/P Spine Fusion/Laminectomy
- Weight Bearing Status \_\_\_\_\_

Other \_\_\_\_\_

Splinting/Taping \_\_\_\_\_

Comments \_\_\_\_\_

Requested Location \_\_\_\_\_ *optional* Requested Therapist \_\_\_\_\_ *optional*

Next physician appointment \_\_\_\_\_

I, referring provider, attest that I have discussed this referral with the patient, and the patient has provided consent to the sharing of their demographic and contact information with Memorial Hermann or its affiliated providers for the purposes related to this referral, including: (1) telephone calls and text messages regarding health care, including but not limited to scheduling, reminders, and medication refills; (2) email or mail communications regarding health care, including but not limited to scheduling, reminders, and medication referrals; and (3) other information regarding my health care, billing and health related services and benefits. I have instructed the patient if they wish to revoke this consent, they may contact Memorial Hermann at 713-222-CARE (2273) or opt out directly after receipt of communication.

AM  
 PM

Provider Signature \_\_\_\_\_ Print Name \_\_\_\_\_ NPI/MHHS ID. \_\_\_\_\_ Date \_\_\_\_\_ Time \_\_\_\_\_ Contact No. \_\_\_\_\_



# Sports Medicine & Rehabilitation Centers

- |  |                                      |  |                               |
|--|--------------------------------------|--|-------------------------------|
| <b>A</b> Aquatic Therapy               | <b>G</b> Dry Needling                | <b>L</b> Prenatal/ Postpartum Therapy          | <b>P</b> TMJ Therapy          |
| <b>B</b> Hand Therapy                  | <b>H</b> Neurological Rehabilitation | <b>M</b> AlterG®/Body Weight Support Treadmill | <b>Q</b> Concussion Therapy   |
| <b>C</b> Sport-Specific Rehabilitation | <b>I</b> Lymphedema Management       | <b>N</b> Physical Therapy                      | <b>R</b> Occupational Therapy |
| <b>D</b> McKenzie Method®              | <b>J</b> Vestibular Rehabilitation   | <b>O</b> Pelvic Floor Therapy                  | <b>S</b> Schroth Method       |
| <b>E</b> IASTM                         | <b>K</b> Speech Therapy              |  |                               |

Appointments:  
713.521.0020 or  
1.888.301.8477

FAX:  
713.874.1798 or  
1.888.504.8477

## SOUTHWEST

- Southwest** **B C D E N R**  
7789 Southwest Fwy., Suite 570, Houston, TX 77074  
713.456.5221 F: 713.456.5229
- Rockets Sports Medicine Institute-Sugar Land** **B C E G L M**  
17520 W. Grand Pkwy. S., Suite 100, Sugar Land, TX 77479 **N Q R**  
281.725.5895 F: 281.725.5898
- Sugar Land-Williams Trace** **A B C D E G H L N O R S**  
14857 Southwest Fwy., Sugar Land, TX 77478  
281.242.8900 F: 281.242.0355
- Sienna** **C E G N**  
8790 Hwy. 6, Suite 140, Missouri City, TX 77459  
281.778.1822 F: 281.778.1826
- Wharton** **C H J L N**  
2018 Regional Medical Center Dr., Suite 1301, Wharton, TX 77488  
979.532.0888 F: 832.658.4040

## WEST

- Katy** **A C E G L N O**  
23960 Katy Fwy., Suite 100, Medical Plaza 2, Katy, TX 77494  
281.644.7880 F: 281.644.7888
- Town and Country** **A C E J N S**  
650 W. Bough Lane, Suite 168, Houston, TX, 77024  
832.658.3150 F: 713.722.7051
- Rockets Sports Medicine Institute - Katy** **B C E G M N R**  
23910 Katy Fwy., Suite 100, Katy, TX 77493  
281.500.6100 F: 281.500.6101
- Rockets Sports Medicine Institute-Memorial City** **B C E G M N Q R S**  
10125 Katy Fwy., Suite 100, Houston, TX 77024  
713.242.2270 F: 713.242.3931
- Westside** **C E G N**  
1140 Business Center Dr., Suite 102, Houston, TX 77043  
713.338.7570 F: 713.338.7575
- Convenient Care Center-South Katy** **B C D E G N R S**  
22430 Grand Corners Dr., Katy, TX 77494  
281.371.1850 F: 281.371.1851

## SOUTHEAST

- Pasadena** **B C E G J N R**  
4804 E. Sam Houston Pkwy. S., Suite 200, Pasadena, TX 77505  
281.487.4457 F: 281.991.0336
- Southeast** **B C D G J N Q R**  
Medical Plaza I, 11914 Astoria Blvd., Suite 620, Houston, TX 77089  
281.929.4475 F: 281.929.6276
- Memorial Hermann | Rockets Sports Medicine Institute-Pearland** **B C D E G M N P Q**  
11049 Memorial Hermann Dr., Suite 150, Pearland, TX 77584  
713.436.8869 F: 713.436.1838
- Pearland East** **C E G N R S**  
5032 W. Broadway, Pearland, TX 77581  
281.485.4044 F: 281.485.4081
- Alvin-Thelma Ley Anderson YMCA** **C G N**  
3201 S. Hwy. 35, Alvin, TX 77511  
281.331.9559 F: 281.331.8875
- Webster** **B C E G L N O R**  
19419-3 Gulf Fwy., Webster, TX 77598  
281.488.2815 F: 281.488.2844
- Convenient Care Center-League City** **C E N**  
2555 S. Gulf Fwy., League City, TX 77573  
832.932.9820 F: 832.932.9825

## EAST

- East Houston** **C D E G L N**  
10907 East Fwy., Houston, TX 77029  
713.674.2573 F: 713.674.3081
- Mid County** **B C E G N R**  
3512 Hwy. 365, Nederland, TX, 77627  
409.722.7116 F: 409.722.7450

## NORTH

- Conroe** **C E G L N P**  
2956 I-45 North, Suite 500, Conroe, TX 77303  
936.441.4422 F: 936.441.4427
- South Conroe** **C E I G H J L N P Q**  
690 S. Loop 336 W., Suite 120, Conroe, TX 77304  
936.270.6020 F: 936.270.6025
- Willowbrook** **C D G N**  
19760 State Hwy. 249, Houston, TX 77070  
281.469.9397 F: 281.469.9756
- The Woodlands** **C E G L M N O P S**  
Medical Plaza 4, 9180 Pincroft Dr., Suite 200,  
The Woodlands, TX 77380  
713.897.2549 F: 713.897.2544
- The Woodlands-Sterling Ridge** **C D E J L N P Q**  
10333 Kuykendahl, Suite C, The Woodlands, TX 77382  
832.813.7023 F: 832.813.7099
- Rockets Sports Medicine Institute-The Woodlands** **B C G M N R**  
9305 Pincroft Dr., Suite 100, The Woodlands, TX 77380  
713.897.7930 F: 713.897.2632
- Rockets Sports Medicine Institute-Cypress** **C E G N O Q**  
27646 Northwest Fwy., Suite 150, Cypress, TX 77433  
346.231.6900 F: 346.231.6901
- Convenient Care Center-Spring** **C E G J N Q**  
7474 N. Grand Pkwy., Suite 300, Spring, TX 77379  
281.374.5440 F: 281.374.5445

## NORTHEAST

- Fall Creek** **C E L N O**  
9522 N. Sam Houston Pkwy. E., Suite 2330, Humble, TX 77396  
713.814.2510 F: 713.704.3890
- Atascocita** **B C E G J N Q**  
13531 Will Clayton Pkwy., Suite 600, Humble, TX 77346  
713.814.2520 F: 713.704.3891
- Convenient Care Center-Kingwood** **C E G N Q**  
4533 Kingwood Dr., Level 1, Suite 100, Kingwood, TX 77345  
832.658.4310 F: 713.704.2763
- Kingwood West** **B C E G N Q**  
722 Kingwood Dr., Kingwood, TX 77339  
713.814.2530 F: 713.704.3844

## CENTRAL

- Rockets Sports Medicine Institute-Texas Medical Center** **B C E G M N Q R**  
6400 Fannin St., Suite 1620, Houston, TX 77030  
713.704.9602 F: 713.704.9005
- Greenway Plaza** **B C D E G L N O R**  
3651 Wesleyan St., Suite 110, Houston, TX 77027  
713.850.8472 F: 713.850.8490
- Rockets Sports Medicine Institute-Shepherd Square** **C E G M N Q**  
2085 Westheimer Rd., Houston, TX 77098  
713.526.6143 F: 713.527.8215
- Greater Heights** **A B C D E G N R**  
300 North Loop, Suite 300, Houston, TX 77008  
713.867.2300 F: 713.867.2545
- Convenient Care Center-Greater Heights** **C D E G N S**  
1431 Studemont St., Houston, TX 77007  
346.701.3820 F: 346.701.3825
- Bellaire** **C G N P Q S**  
5420 W. Loop S., Suite 1400, Bellaire, TX 77401  
713.314.4531 F: 713.314.4579

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HERMANN**  
Sports Medicine &  
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